



Policies

DIET POLICY

Hatch Warren Under Fives and Kempshott Under Fives Preschool, will hereafter be referred to as the "Preschool"

The sharing of refreshments can play an important part in the social life of the Preschool as well as reinforcing children's understanding of the importance of healthy eating. The Preschool will ensure that:

- Children's medical and personal dietary requirements are respected and met in appropriate ways.
- The dietary rules of religious group and also of vegetarians/vegans are known and met in appropriate ways.
- Children are provided with a choice of water or milk.
- Fruit or vegetable and an additional snack i.e. Cheese, bread stick is provided to all children, via our snack bar, open mid-morning and biscuits will be offered mid-afternoon. On occasions alternative snacks are provided to give the children the opportunity to taste new flavours, textures and world foods.
- Food allergies or specific parent requests are displayed within group and all staff are aware of the need to regularly check all details and be aware of any updates.
- The Preschool is strictly nut free. Nuts and nut-based products are not permitted to be brought into, or consumed in, preschool.
- Food provided for children is shown on the display board daily so parents are aware of what is on offer.

This policy was adopted at a meeting of the Preschool held on:

Signed on behalf of the Preschool _____